

Moulton Primary School Guidelines: Changing for PE

At Moulton Primary School we are aware that getting changed for PE can make some children feel vulnerable and cause anxiety for some.

Our changing policy helps to ensure the safe guarding of both children and adults.

EYFS

- Children in EYFS will get changed for PE in their classroom.
- The teacher designates areas within the classroom where boys and girls can get changed.
- The staff encourage the children to put on their clothes independently. However, children may need support with certain items of clothing.
- A minimum of two members of staff will be present and stand facing away from children (when possible) to help maintain the children's privacy and dignity.

Key Stage One

- Children in Year 1 and Year 2 will get changed for PE in their classroom.
- The teacher designates areas within the classroom where boys and girls can get changed.
- A minimum of two members of staff will be present and stand facing away from children (when possible) to help maintain the children's privacy and dignity.

Key stage Two

- Provision will be made that children in Years 3, 4, 5 and 6 change for PE lessons separately in gender specific areas.
- All groups are supervised by a member of staff, in areas that allow them some personal space; girls in the classroom and boys in another designated area within the school.
- Supervising staff stand facing away from children (when possible) to help maintain the children's privacy and dignity.

Changing for Swimming Lessons

- Boys and girls will use gender specific changing rooms.
- Male and female staff members will accompany the corresponding gender to supervise their changing (when possible).
- Changing rooms are locked from the outside corridor to stop members of the general public entering.
- Supervising staff stand in the changing room pool side entrance facing away from children (when possible) to help maintain the children's privacy and dignity.
- When entering the changing room, staff inform the children in advance so as to give them the opportunity to cover up.
- If a member of staff is required to change then it is done privately, away from the children.

Additional Changing Provisions

Arrangements may need to be made for children that have:

- Disabilities
- Different religions
- Different beliefs
- Different cultural backgrounds
- Gender identity
- Acute sensitivity around changing
- SEN

All arrangements will need to be made in discussion with the parents on an individual child's needs to ensure adequate, safe and sensitive provisions can be made.