

Moulton Primary School Newsletter

Friday 8th November 2024



Dear Parents, Carers and Children,

What a fantastic first week back we have had! We've had some exciting news, as we had some new health and fitness equipment installed into our playground area over the half term. We are excited about our upcoming assembly with the playground company where they will be modelling to the children how to use the equipment safely. Over the coming weeks, staff will be training children on how to enjoy this equipment in both PE sessions and during break times throughout the week.

A huge thank you to FOMPS who supported the school financially in making this project possible.

On Monday we will be marking Remembrance Day - our Year 6 children are heading to the public gardens where we will be joining members of the church and others in the community, and in school Miss Ludlow will play The Last Post at 11am and children will observe two minutes silence.

Wishing you all a wonderful weekend.

Miss Jones

Dear All

The lovely Christmas items that your child designed have started to arrive in school!

The orders will arrive into school in more than one delivery due to different items being printing at different speeds. FOMPS volunteers are busy sorting the items, these will then be distributed to the classes for your child(ren) to bring home.

If you have ordered more than one type of item, you may find that these come home with your child at different times over the next week or so. We really appreciate your support and patience as we work through ensuring that our delivery of over 550 items is fully correct!

If you missed out on ordering items, the online shop will be reopening on 15th November until midday on 24th November. Ordering details are the same as on the sample card you received - please get in touch via friendsofmoultonprimary@gmail.com if you have any issues with this!

Many thanks.

Team FOMPS



The Classroom News

Year 3

Year 3 had an amazing time at Flag Fen Archaeology Park. The children were taken back in time to the prehistoric periods and made authentic looking pots out of clay using natural materials that can be found all around. They also heard campfire tales in a Stone age roundhouse and listened to how hunter-gatherers survived in Neolithic times! Everything they learned so far in our history lessons had been put to the test when they had to become archaeologists and study the real Stone Age, Bronze Age and Iron Age artefacts to work out what they were used for and which period of prehistory they came from. What a great start to the term we had!



Year 6

This week, the children have created watercolour paintings of Koi Fish. The pupils researched Canadian artist Terry Gilecki and explored his use of layering and detailed brushwork. This encouraged the children to highlight the intricate patterns and fluid movements of the fish by using water colours. In further preparation, the pupils used various sketching techniques to generate ideas for their aquatic scenes before tackling the final piece. The pupils' artwork combined vibrant colours with careful layering to create depth in their scenes, bringing their images to life. We have been really impressed with the imaginative use of watercolours and playful interpretations of these aquatic landscapes. We look forward to sharing these with you 😊



Tag Rugby

On Thursday, a team of our year 3 and 4 children had the great opportunity to represent the school at the Tag Rugby Festival at the Towcester Rugby Club. For many of the team, it was the first time they had represented the school in a competitive sporting event, but it didn't show. The children embraced the opportunity and had great fun taking part, loving the excitement of competing in many tensely fought games. Our team successfully met all of the targets we set before we started, having fun, scoring a try and winning a game. However, the children should be very proud of their performances, showing great teamwork and the sportsmanship they displayed to the other teams.

Well done Team Moulton.



Dates in the Diary

DATE	YEAR GROUP	EVENT	TIME
11th November	Year 6	Remembrance Event	Normal School Hours
12th November	Prospective Pupils	EYFS Tour for 2025	10am
14th November	Year 6	Football competition	
15th November	Whole school	Children in need - Sports Muffi	Normal School Hours
16th November	Year 6 Strictly	Strictly Competition	
18th November	Year 4	Hockey Competition	After school - 5.40pm
27th November	EYFS, Year 1 and Year 2	Christmas Movie Night	3 - 4.30pm
27th November	KS2	District Cross Country Competition Championships	11.30 - 4pm
28th November	Year 6	Windrush Workshop	Normal School Hours
28th November	Year 3	Strings Project	TBC
30th November	All	FOMPS Christmas Fair and Winter Market	11 - 3pm
4th December	4 Spencer	Music Assembly	11am

4th December	4 Crick	Music Assembly	1pm
4th December	4 Tull	Music Assembly	2pm
4th December	KS2 (Yr3, 4, 5 and 6)	Christmas Movie Night	3 - 4.30pm
9th December	EYFS Spencer	Christmas Nativity	2.30pm
10th December	Year 4	Christmas Assembly	9am
10th December	EYFS Crick	Christmas Nativity	2.30pm
11th December	EYFS Tull	Christmas Nativity	2.30pm
11th December	Whole School	Christmas Dinner and Christmas Jumper Day	Normal School Hours
11th December	Year 5	Christmas Assembly	9am
12th December	Whole school (bookings only)	Grandparents - Tasty Treats	Normal School Hours
13th December	Whole school (bookings only)	Grandparents - Tasty Treats	Normal School Hours
17th December	EYFS, Y1 & Y2	Royal & Derngate Panto	Normal School Hours
17th December	Year 3	Christmas Assembly	9am
18th December	Y3, 4, 5 & 6	Royal & Derngate Panto	Normal School Hours
18th December	Year 2	Brass Project Assembly	2.45pm
19th December	Year 1	Brass Project Assembly	9am
20th December	Year 6	Brass Project Assembly	9am
20th December	Whole School	Mufti Day	Normal School Hours
13th January	Year 2	Storytelling Session	2.45 - 3pm
17th January	Young Voices Choir	Young Voices Concert	
20th January	Year 1	Storytelling Session	2.45 - 3pm
29th January	EYFS	Storytelling Session	2.45 - 3pm
12th May	Year 2	Storytelling Session	2.45 - 3pm
12th - 14th May	Year 4	Residential	TBC
14th May	EYFS	Storytelling Session	2.45 - 3pm
2nd June - 6th June	Year 6	PGL	TBC
5th June	Year 1	Storytelling Session	2.45 - 3pm



FATHER CHRISTMAS'S FABULOUS FESTIVE FEAST

Roast chicken, pigs in blankets, roast potatoes, peas, carrots, brussels sprouts, stuffing balls and optional gravy

WINTER WONDERLAND WELLINGTON

Butternut squash in a puff pastry parcel, roast potatoes, peas, carrots, brussels sprouts, stuffing balls and optional gravy (V)

A CHRISTMAS CAROL COOKIE

Christmas sprinkle chocolate cookie (VG)

**Fresh
Start**



Orders must be placed **before 9am Thursday 5th December** via your Meal Manager account. If you need any help or do not have a log-in please contact support@freshstartcatering.uk or call us on **01280 360653** **before Mon 2nd December**



10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child on how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practice this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

ig @wake.up.wednesday

yt @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 23.10.2024



**NORTHAMPTONSHIRE
BABY & CHILDREN'S
NEARLY NEW SALE**

Sunday 10th November
10:30 - 12:00

Moulton Community Centre
Northamptonshire
NN3 7AX

Bringing you great quality
preloved baby & children's toys,
books, clothing and equipment
across the UK.
Buyer entry just £2, kids go free!

Want to sell your children's outgrown
items? Stalls from just £15

BOOK YOUR STALL TODAY



Recycle.
Reuse.
Relove.

WWW.THELITTLECHILDRENSMARKET.COM
LCMOFEASTMIDS@GMAIL.COM
[HTTPS://WWW.FACEBOOK.COM/THELITTLECHILDRENSMARKETEASTMIDS](https://WWW.FACEBOOK.COM/THELITTLECHILDRENSMARKETEASTMIDS)

