

Moulton Primary School Newsletter

Friday 13th March 2026



Dear parents and carers,



It has been another busy week at Moulton Primary with lots of brilliant learning going on around the school. Thank you for your continued support with the learning at our school; it was wonderful to see our parents and carers on Wednesday. We are looking forward to seeing everybody else this coming Wednesday. We have created a parent and carer survey that we would really appreciate it if you could complete it. Please scan the QR code below. Your feedback is always valued.

Have a wonderful weekend.

Mr Chalmers

The Classroom News

EYFS

In Early Years, the children have been busy exploring and asking questions through our Curiosity Club learning. We have been investigating how things grow and what living things need to survive. The children have enjoyed planting, observing changes and sharing their ideas about how plants and animals grow, showing fantastic curiosity and thoughtful questioning.

We have also enjoyed immersing ourselves in Science Week, where the children explored the question "How do plants drink?" Using celery and white flowers placed in coloured water, the children observed how water travels up through the plant. They've watched carefully as the colours began to appear in the leaves and petals, sparking lots of discussion and daily excitement.

As part of our learning, we have also been preparing for our upcoming visit to Countryside Kitchen by thinking about the source of different foods and learning that some foods come from plants while others come from animals.



A real highlight this term has been welcoming some very special visitors through Eggucation. The children watched in amazement as the eggs hatched and tiny chicks emerged. They loved observing the chicks, listening to their cheeps and learning how to care for them

gently. After a wonderful week with our fluffy visitors, we said a fond farewell to the chicks as they returned to the farm to continue growing. It was a truly memorable experience for the children and adults alike.



Year 3

Over the past two weeks, Year 3 have been exploring light in our science lessons. We have been looking at light sources and how light travels. The children discussed how we could keep our eyes safe from certain light sources and also how darkness is the absence of light.

We then investigated how shadows are formed, and what affects the size and shape of them. We discovered that the closer an object is to a light source, the larger the shadow! Lots of resourceful learning behaviours were shown in this science unit!



School News

Dear Parents/Carers,

Get set... Moulton Primary School will be taking part again in Sustrans Big Walk and Wheel 2026 the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 16th March – 27th March. It's free and we would love everyone to be involved.

Last year we had increase from **58% to 62%** of all of our children choosing an active way of travelling to school. With children making a total of **3721** journeys to school during the 2 weeks. Let us try and raise this number again this year.



What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event. However, we are unable to store any bikes or scooters at school so if your child wishes to use one of these methods then you will need to take it back home with you.

Including everyone (Park and Walk or Wheel)

We want to make sure that everyone can get involved in the Big Walk and Wheel. We know it may be more difficult for some pupils to take part than others as you may live too far away to walk, wheel scoot or cycle for the whole journey to school.

There are ways that you can support your child to become a little more active such as considering the 'Park and Walk' option and trying to make small changes to your daily drop-off and pick-up routines, such as parking a little further from school and walking part of the way (at least 10 minutes of active travel) or targeting specific days when you can take part.

Why we are taking part

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routines which is important for their physical health and mental well-being.

Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school, and thought active travel was the best way to bring down these pollution levels.

Plus, there are some great prizes to be won every day if we get enough of our pupils to participate!

Useful resources

To help you prepare, Sustrans has developed a handy free guide to walking, cycling or scooting to school. It is packed with advice to help you have a hassle-free journey to school.

Download your free family guide using this link: <https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/>

For more information about the event go to www.bigwalkandwheel.org.uk. Enjoy the challenge!

Best wishes
Mr. Brazier

Get Red Nose Day Ready

Dear Parents and Carers,

We are excited to announce that next Friday, 20th March, is a special day here at Moulton Primary School! It's time to show our support for Comic Relief.

This Red Nose Day, the theme is all about laughing loudly, proudly, and together at ourselves to help raise money. On Friday, we invite our pupils to wear something red or adopt a silly red-nosed theme as part of our fundraising efforts for Comic Relief. Whether it's a red top, a quirky red hat, or even a bright red nose, let's bring some fun and colour to the classroom!



To participate, please make a minimum voluntary minimum contribution of 50p, which will go towards supporting those in need. Every little bit helps, and together we can make a difference. You will be able to donate by making a payment through the ParentMail app.

We will also be running a funny joke competition. All you have to do is write your funniest joke on a piece of paper with your name and class, then post it into the 'Joke Box' outside the SLT office. The joke that makes Mr Chalmers laugh the hardest will be crowned the winner and announced in Friday's Family Assembly.

Let's unite in laughter and kindness while supporting a fantastic cause!

Science week 2026: Curiosity: what's your question?

As we celebrate British Science Week, we are excited to encourage our students to embrace their curiosity! This year, the theme is all about asking questions, and we want to see how inquisitive our young scientists can be. Each child has already explored one question in class, but we invite families to extend this exploration at home. We would love for parents and guardians to help their children with some of the questions below or even think of your own investigation at home!



To make this even more engaging, we encourage you to take pictures of your home experiments and send them to the school office. This is a wonderful opportunity to create lasting memories while reinforcing the importance of science in our everyday lives.

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| • What is the 'best' biscuit to dunk into a cup of tea? |
| • Which brand of toilet paper is stronger? |
| • How can we make the Three Little Pig's house waterproof? |
| • What is the best material to muffle a sound? |
| • What material protects an egg the most? |
| • Which design of paper aeroplane travels the furthest? |
| • How many breaths does it take to blow up a balloon? |
| • How many times do different balls bounce in 5 seconds? |
| • How much weight can a marshmallow and spaghetti structure take? |
| • Does the heaviest fruit travel furthest when thrown? |
| • Which toy car goes furthest on a ramp? |

• Does the height of the ramp affect how far a toy car travels?
• If you have longer legs can you jump further?
• Who is best at balancing?
• Can 7-year olds run faster than 6-year olds?
• What material would make a good parachute for Batman?
• Which ball drops to the ground the quickest?
• Does toast always land butterside down?
• What happens when crayons get warm?
• Which substance (lemon juice, milk, or vinegar) makes the best secret message?
• How does the shape of a cookie cutter affect the size of a bubble?
• What brand of paper towel is most absorbent?
• Does the tallest person have the longest feet?
• What material makes the best boat?
• What tree makes the best crayon bark rubbing?

UPCOMING FOMPS EVENTS!

Pre-loved uniform sale



Thursday 26th March 2.50pm - 3.30pm
 Badged sweatshirts, polo shirts and fleeces
 all available



Easter Hunt



Follow the clues around the village to find your Easter Treat!

Each pack £2 (1 pack per prize)

A fantastic little activity over the Easter holiday for all ages.

Buy your pack on ParentMail. Packs will be sent home in the last week of term.

All money raised goes back into school for resources and experiences for the students.
 Many thanks for your ongoing support!

Team FOMPS

Dates in the diary

DATE	YEAR GROUP	EVENT	TIME
16th March - 27th March	Whole School	Big Walk and Wheel	Normal School Hours
18th March	Whole School	Parents Evening	3.40 - 6.30pm
20th March	Whole School	Red Nose Day	Normal School Hours
22nd March	Year 4 Strictly Team	Year 4 Strictly Juniors	10:00am
24th March	EYFS Crick and half of Tull	School Trip	Normal School Hours
25th March	Tull Family	SEND Learning plan meetings	8.45 - 9.30am
25th March	Spencer Family	SEND Learning plan meetings	9.30- 10.15am
25th March	Crick Family	SEND Learning plan meetings	10.15 – 11am
26th March	EYFS Spencer and half of Tull	School Trip	Normal School Hours
26th March	Whole School	Uniform Sale	2.50 - 3.30pm
23rd April	Whole School	Class Photos	Normal School Hours
27th April	Spencer Family	Maths Morning	8.30 - 9.15am
28th April	Tull Family	Maths Morning	8.30 - 9.15am
29th April	Crick Family	Maths Morning	8.30 - 9.15am
11th May - 13th May	Year 4	Residential	Monday - Arrive to school no later than 10.15am. Wednesday - Collect at 4.30pm
11th - 14th May	Year 6	SATs	Normal School Hours
1st June - 5th June	Year 6	PGL	TBC
15th June	Crick Family	Maths Morning	8.30 - 9.15am
16th June	Spencer Family	Maths Morning	8.30 - 9.15am
17th June	Tull Family	Maths Morning	8.30 - 9.15am

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVOD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2023.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions, if the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website



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HOW TO BOOK

SCAN QR CODE




- ➔ DOWNLOAD BOOKING APP
- ➔ REGISTER AN ACCOUNT
- ➔ ADD CHILDREN TO YOUR ACCOUNT
- ➔ CLICK HOLIDAY CAMPS

>>> helle@northamptontenniscoaching.co.uk <<<



NORTHAMPTON ATHLETIC CLUB

Join Northampton's only dedicated athletic club, providing a welcoming and progressive route for athletes from 8 years to adults

When? Sessions on Monday, Wednesday and Sunday
 Where? Moulton track at Moulton College, NN3 7QL
 Contact: nacenquiries@northamptonathleticclub.com

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