

Moulton Primary School Newsletter

Friday 13th September 2024



The Classroom News

Year 1

Year 1 have had such a busy and fun start to the new school year! They have been learning how to play with their new friends, exploring their classrooms and being excellent role models as they move around school! They have even made a start in developing their writing and exploring practical activities in maths. We know it is going to be a fantastic year with a start as brilliant as this! Well done Year 1.



Year 3

Year 3 have had a wonderful start to the year, showing lots of maturity and readiness for KS2! They have been especially busy in our art lessons, where we have been investigating a variety of mark making and painting techniques. We have explored the work of Vincent Van Gogh and used this to inspire paintings using techniques such as impasto, tonking and sgraffito!



What happens if I have a query or concern?

At Moulton Primary School we are privileged to have a strong leadership team. Our leaders in school help to drive educational standards forward so that we provide the best possible education and experiences for all children at Moulton Primary school.

The leadership team consists of two Assistant Headteachers; Miss Ludlow who oversees the Early Years and KS1 team (YR – Y2), and Miss Darby who oversees KS2 (Y3 – Y6).

Each year group consists of three class teachers, and a Head of Year. Our Heads of Year oversee the day to day running of their own year group team. If you have any questions or concerns regarding your child, in the **first instance** please make contact with your child's **class teacher**. You can organise a time to speak with them or send a message via our school office, by calling 01604 643061 or emailing office@moultonprimaryschool.co.uk. Teachers will aim to respond to any queries or questions within a couple of days.

If your concern persists or you wish to escalate this further, please make contact with your child's **Head of Year** via the school office, who will arrange a phone call or a meeting. After following this process, if your concern is not resolved, this will be escalated to one of our **Assistant Headteachers**.



Miss Ludlow Assistant Headteacher – phase leader for EYFS and KS1



Mrs Head
EYFS



Miss Morpeth
Year 1



Mr Ledger
Year 2



Miss Darby Assistant Headteacher – phase leader for KS2



Mr McAvoy
Year 3



Mr Johnson
Year 4



Miss Riglar
Year 5



Miss Swan
Year 6

Supporting children online

Each week, we will be sharing resources to support parents and children with age-appropriate conversations regarding online safety and mental health and wellbeing.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetabled amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMH coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

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Dates in the Diary

DATE	YEAR GROUP	EVENT	TIME
25th September	EYFS	Picnic	TBC
16th October	Prospective Pupils	EYFS Tour for 2025	10am
21st October	Whole School	Flu Vaccines	Normal School Hours
22nd October	Whole School	Flu Vaccines	Normal School Hours
6th November	Prospective Pupils	EYFS Tour for 2025	6pm
7th November	Whole School	Individual/Sibling School Photos	Normal School Hours
12th November	Prospective Pupils	EYFS Tour for 2025	10am
23rd October	EYFS and Year 6	Height and Weight Check	Normal School Hours
30th November		Christmas Fayre	TBC
12th - 14th May	Year 4	Residential	TBC
2nd June - 6th June	Year 6	PGL	TBC



The poster features a decorative border of colorful autumn leaves in shades of orange, yellow, and green. At the bottom, there are illustrations of pumpkins, acorns, and a tree with falling leaves. The text is centered and uses a mix of bold, italicized, and regular fonts.

Autumn Harvest Theme Day Thursday 3rd October

CHICKEN BURGER
Breaded chicken burger in a bun served with mixed salad
To order this option, please order before 9am Thursday 26th September

HASSELBACK POTATOES
Baked Hasselback potatoes filled with cheese, spring onion and garlic (V)
To order this option, please order before 9am Thursday 26th September

PASTA
Rustic tomato and basil pasta (VG)
To order this option, please order before 9am Thursday 3rd October

DELI
Tuna mayonnaise wrap, crudités & salad
To order this option, please order before 9am Thursday 3rd October

DESSERT
Toffee apple crumble (VG)

**All you need to do is book your meal
on Meal Manager**



The poster has a black background with yellow curved lines on the left and right sides. It features two circular photos: one of two young boys in soccer uniforms, and another of a coach interacting with children on a field. The RFU North logo is in the top right corner.



U9 TEAM RECRUITING NOW!

- For those in school year 4
- Make friends, have fun!
- RFU qualified coaches
- Friendly, family club
- First 4 weeks free!
- Training and matches Sunday morning

Contact Hayden: 07718 066146