

Moulton Primary School Newsletter

Friday 31st January 2025



The School News

Children's Mental Health Week

We are looking forward to celebrating **Children's Mental Health Week** next week (3rd February-7th February). In school, we will be having a special assembly at the beginning of the week, and will be joining in with activities and lessons throughout the week to support our mental wellbeing. We're also very lucky to have a visit on Tuesday from a wonderful charity called KidsAid who work incredibly hard to support children's mental health in the Midlands.

In support of KidsAid and mental health support charity MIND, we are going to hold a **mufti day on the last day of term - Friday 14th February**. Children can come to school in normal mufti clothes or challenge themselves to wear the KidsAid colours - pink, green, orange and blue!

Those who wish to can contribute 50 pence or a donation of their choice via Parentmail. Donations will be split between KidsAid and MIND. Thank you for your support with this.

Lego Workshop

On Tuesday morning, a group of our Year 4 children took part in a Lego workshop challenge at Moulton Community Centre. The Year 4s were split into pairs and put into teams with Year 7 children from Moulton School. They were then set a series of challenges that tested their team working, problem solving and creative skills. The children had to build



the tallest freestanding

tower, construct the best house and create a food related structure. The

children had a great time and earned a certificate with the top 3 teams

all receiving a small prize. Well done to all the children for representing the school and demonstrating their great manners and learning behaviours.

Family Treat

Last term, Spencer Family earned the most family tokens for demonstrating positive learning behaviours. Over the last couple of weeks, the Spencer Family have received their treat. They have been taking part in a range of fun activities led by coaches from Freestyle. The children have been enjoying trying different fun ball games.



We are just over half way through the current term and at the moment the Crick Family have amassed a lead over Spencer and Tull. However, there is still plenty of time to demonstrate those positive learning behaviours and become the winning family.



The Classroom News

Reception



We have been learning about journeys and how we can get from one place to another. We began our learning with the help of a very special bear, Paddington! We enjoyed describing his character and discovering the adventures he had taken on different modes of transport in various stories. We worked hard on our paintings of Paddington, thinking carefully about using colour for a purpose and considering the features we needed to represent him... we are very proud of our work!

The children were amazed at how Paddington kept marmalade sandwiches in his hat, many of us had never tried it before. So, we thought we would give it a try, by making our very own marmalade sandwiches. The majority of us thought they were delicious, but some of us were less impressed.

We have just discovered how we can travel around the world and have enjoyed discussing how countries differ from one another, this week we visited Australia. We look forward to learning more about how we can travel around the world in the coming weeks.



Year 5

In Year 5 recently, the children were tasked with writing persuasive letters to our Senior Leadership Team about a change that they thought would be beneficial to our school. The children really let their creative side shine through with this task and we had all sorts of interesting suggestions put forward. The children thought that all of the staircases in school could be converted into slides to inject more fun into the school day, made a compelling argument for the playgrounds to have rollercoasters and swimming pools added to them and suggested that regular nap breaks during the day could improve focus (the teachers liked the sound of this last one). Writing a persuasive formal letter is a challenging task as there are many different skills that the children have to master to be successful and the Year 5 team and SLT were blown away with the high quality of writing. The letters will be available to read in the children's writing books at our upcoming parent meetings.

Dates in the Diary

DATE	YEAR GROUP	EVENT	TIME
5th February	Whole School	Parents Evening	3.40 - 6.30pm
12th February	Whole School	Parents Evening	3.40 - 6.30pm
12th February	Year 4 Crick	Maths Multiplication Morning	9-10am
12th February	Year 6	Mary Poppins	Normal School Hours
13th February	Year 4 Tull	Maths Multiplication Morning	9-10am
14th February	Year 4 Spencer	Maths Multiplication Morning	9-10am
14th February	Whole School	Muffi - Children's Mental Health Week	Normal School Hours
5th March	Whole School	Class Photos	Normal School Hours
6th March	Whole School	World Book Day	
6th March - 11th March	Whole School	Book Fair	
22nd March	Year 4 Strictly Team	Strictly Juniors	TBC
1st May	Year 5	School Trip - National Space Centre	Normal School Hours
12th May	Year 2	Storytelling Session	2.45 - 3pm
12th - 14th May	Year 4	Residential	TBC
14th May	EYFS	Storytelling Session	2.45 - 3pm
2nd June - 6th June	Year 6	PGL	TBC
5th June	Year 1	Storytelling Session	2.45 - 3pm
12th June	Year 5	Workshop - Past Productions	Normal School Hours

TIPS FOR FAMILIES

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

1 Encourage journaling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journaling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

2 Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

4 Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)



**10%
DISCOUNT!**

PACESETTER
SPORTS & WELLBEING

**WE ACCEPT
CHILDCARE
VOUCHERS &
TAX FREE
CHILDCARE!**

**FEBRUARY HALF TERM HOLIDAY
SPORTS CLUBS**

MONDAY 17TH - FRIDAY 21ST FEBRUARY

**INTRODUCING
SPY CLUB
FRIDAYS!**

CHILDREN WILL
RECEIVE A SECRET
AGENT CARD
& COMPLETE
MISSIONS
THROUGHOUT THE
DAY!



**SPRATTON
PRIMARY SCHOOL**

**9AM - 4PM
£26 PER DAY**

**MULTISPORTS &
GYMNASTICS**

**INCLUDING FOOTBALL, DODGEBALL, TENNIS,
CRICKET, BASKETBALL, HOCKEY...AND LOTS OF
FUN GAMES!**

Northampton NN6 8HY

BOOK ONLINE AT
**WWW.PACESETTERONLINE.CO.UK/
SPRATTON-HOLIDAY**
AND USE THE FOLLOWING CODE WHEN YOU CHECKOUT
FOR 10% DISCOUNT:

SPRATTON2410
(LIMITED CODES AVAILABLE)



SCAN ME